

Compassion Fatigue/Vicarious Trauma Training

Sheraton St. Louis City Center Hotel & Suites

400 South 14th Street

St. Louis, MO 63103

Phone: 314-231-5007

Fax: 314-613-6417

AREA PROFILE

Downtown St. Louis: This area offers most visitors their first impression of the city, greeting them with its signature Gateway Arch, historic Union Station, the Old Courthouse and Busch Stadium, where the St. Louis Cardinals baseball team plays their home games. The once industrial area of Laclede's Landing is now home to some of the city's favorite restaurants and finest hotels, as well as an entertainment district that features live music ranging from pop to jazz.

Sheraton St. Louis City Center Hotel & Suites is a beautifully renovated hotel in the heart of downtown. A historic flavor combines with the modern comforts to create a unique hotel with something for everyone.

AIRPORT

Lambert-St. Louis International Airport

10701 Lambert International Blvd.

St. Louis, MO 63145

GROUND TRANSPORTATION

Taxi Fee: about \$25.00

The Metro St. Louis (www.metrostlouis.org) is \$4.50 total one-way. The Civic Center stop will bring you to the front door of the hotel lobby (from the airport).

The TransExpress Shuttle Service is \$15.00 per person one way - \$25.00 per person round trip.

DRIVING DIRECTIONS

From Lambert-St. Louis International Airport

Take Interstate 170 South from Lambert Airport to Interstate 64/40 East. Take the 14th Street Exit and turn left at the light at the bottom of the ramp. The hotel is immediately on your right.

HOTEL SPECIFICS

Check-In Time: 3:00 PM

Check-Out Time: 12:00 PM

PARKING

Overnight self-parking	\$15 (unlimited in & out privileges)
Overnight valet parking	\$21 (unlimited in & out privileges)
Daily Self Parking	\$5
Daily Valet Parking	\$8

HOTEL AMENITIES

Indoor Heated Pool
Indoor Whirlpool
Massage Treatments
Laundry/Valet Service
24-hour Valet Parking Service
Sun Deck
24-hour Business Center
Fitness Facility
Guest Laundromat
Dogs up to 80 pounds are allowed

LOCAL ATTRACTIONS

Scottrade Center
The Soldier's Memorial
St. Louis Union Station
Busch Stadium
Bowling Hall of Fame
St. Louis City Museum
Gateway Arch
Laclede's Landing
Fox Theater
St. Louis Art Museum
Forest Park Zoo
Gateway International Raceway