

Compassion Fatigue/Vicarious Trauma Training

Red Lion Hotel – River Inn

700 N. Division

Spokane, WA 99202

Phone: 509-326-5577

Fax: 509-326-1120

AREA PROFILE

The urban hub of the Inland Northwest, Spokane is one of those cities you know is someplace special – spectacular scenery, incredible weather and a host of urban and outdoor activities. The Spokane River has always been the area’s focal point. Crossing the scenic falls by gondola is only one of the many attractions in Riverfront Park. Park walkways and bridges connect with the Centennial Trail as it heads east to Coeur d’Alene, Idaho, offering a quick escape from the urban core for joggers, bicyclists and pedestrians. In an area treasured for unlimited four-season recreation, Spokane also serves as the perfect jumping-off point to reach any of the region’s many clear lakes, national forests, and ski resorts. Tee off at some of the nation’s most acclaimed public golf courses, fly fish, kayak, bike or canoe along the banks of the Spokane River or ski some of the Northwest’s best powder. Whatever your pleasure, Spokane offers outdoor adventure within minutes of world-class urban amenities.

Just south of the river is Spokane’s growing downtown. River Park Square, a stylish mall featuring retailers like Nordstrom and Williams Sonoma, is connected via skywalks to shops and restaurants in the surrounding blocks. On the street, you’ll find yourself surrounded by historic architecture housing many excellent choices for enjoying a microbrew, local wine or gourmet meal; taking in the symphony or a Best of Broadway show; or browsing through a museum or gallery.

The Red Lion Hotel - River Inn is a quiet urban hideaway nestled along the beautiful north bank of the Spokane River. Just steps from Riverfront Park and the Centennial Trail, our guests have easy access to Gonzaga University, the Convention Center, and the Opera House as well as Spokane’s best shopping, entertainment, restaurants and the downtown business district.

AIRPORT

Spokane International Airport

9000 W. Airport Dr..

Spokane, WA. 99224

GROUND TRANSPORTATION

Taxi Fee: about \$22.00

Free shuttle: The Red Lion River Inn provides a free shuttle service to and from the airport. Call 509-326-5577 after you've picked up your luggage and the shuttle will pick you up.

DRIVING DIRECTIONS

FROM SPOKANE INTERNATIONAL AIRPORT:

Follow Airport Road to Highway 2 then follow the signs for Interstate 90 East. Continue on I-90E to exit 281, Division Street. Follow Division Street north across the Spokane River (approximately 9 blocks) and stay in the right lane. You will see our flashing hotel sign on the right as you cross the bridge. Turn right at the light onto North River Drive and the hotel is on the right.

FROM THE WEST (SEATTLE):

Travel on Interstate 90 East into Spokane and take exit 281, Division Street. Follow Division Street north across the Spokane River (approximately 9 blocks) and stay in the right lane. You will see our flashing hotel sign on the right as you cross the bridge. Turn right at the light onto North River Drive and the hotel is on the right.

FROM THE EAST:

Travel on Interstate 90 West into Spokane and take exit 281, Newport Highway/Highway 395. The ramp will take you to Division Street heading north. Follow Division Street north across the Spokane River (approximately 9 blocks) and stay in the right lane. You will see our flashing hotel sign on the right as you cross the bridge. Turn right at the light onto North River Drive and the hotel is on the right.

FROM THE NORTH ON HIGHWAY 2 (Newport Hwy) OR HIGHWAY 395:

Follow Division Street south to the downtown area. Turn left at the light onto North River Drive and the hotel is on the right.

HOTEL SPECIFICS

Check-In Time: 3:00 PM

Check-Out Time: 12:00 PM

PARKING

Complimentary

HOTEL AMENITIES

Restaurant
Lounge
High-speed Internet
Fitness Facilities and Sport Courts
Two Outdoor Swimming Pools
Whirlpool/Spa
Room Service
Valet/Laundry Service
Pets Welcome (\$20/pet fee)

LOCAL ATTRACTIONS

Mount Spokane
Manito Park
Riverfront Park
Bowl & Pitcher Riverside State Park
Spokane Opera House
Eastern Washington University
Fairchild Air Force Base
Northern Quest Casino
Spokane Raceway
Riverpark Square Mall
Golf Course (seasonal)
Small lakes for fishing nearby