

Sexual Assault Advocate/Counselor Training

Eastland Park Hotel
157 High Street
Portland, ME 04101
Phone: 207.775.5411
Fax: 207.775.2872

AREA PROFILE

Portland is an old seacoast town. It is also a funky city filled with galleries, one-of-kind boutiques and shops, and incredible restaurants serving everything from New England clam chowder, lobster rolls and Maine seafood to nouvelle cuisine. Portland stands as one of the few working waterfronts left in the United States, acting as New England's largest tonnage seaport and second largest fishing port.

The Eastland Park Hotel celebrates 80 years of history in 2007. Rich in tradition, yet charming and delightfully understated, this Downtown Portland Maine Hotel is conveniently located in the heart of downtown Portland's acclaimed arts and shopping district. The hotel is surrounded by quaint galleries, outstanding restaurants, upscale shops, and museums, including the Portland Museum of Art. The Eastland Park Hotel is adjacent to Congress Square, an outdoor city-center plaza reminiscent of its European predecessors, and is only moments away from Portland's famed Old Port waterfront, and the downtown financial district. Visit the Top of the East, Portland's only rooftop lounge, at the Eastland Park Hotel, for a breathtaking panoramic view of all that Portland and Maine have to offer.

AIRPORT

Portland International Jetport
1001 Westbrook St.
Portland, ME 04102

GROUND TRANSPORTATION

Taxi Fee: about \$12.00 from the airport

DRIVING DIRECTIONS

Driving Directions From I-95: Take I-95 to I-295. Take exit 6A (Forest Avenue South) and turn right, onto travel several blocks to Congress Street. Take a right onto Congress Street to High Street, and turn right. The hotel entrance is on the right hand side of the road.

HOTEL SPECIFICS

Check-In Time: 3:00 PM
Check-Out Time: 12:00 PM

PARKING

Overnight self-parking \$11

Parking is available next door to the hotel in the independently owned Gateway Garage. The overnight fee is reduced for hotel guests to \$11 (no in & out privileges). Please remember to bring your parking ticket to the front desk so it can be stamped for your discount.

HOTEL AMENITIES

157 High Cafe & Bar
Top of the East: Portland's only rooftop lounge
Harmon's & Barton's Flowers
Mayan Designs Gift Shop
Massage Medicine Spa
Complementary high-speed internet
Pet pampering \$25/night
Daily continental breakfast for two
Private Preferred Level Lounge and Business Center

LOCAL ATTRACTIONS

The Cat Ferry boat - Bar Harbor to Nova Scotia
Mohegan Island
Casco Bay Islands
Cousins Island
Chebeague Island
Victoria Mansion
Maine Maritime Museum
Maine Harbor Museum
Maine Historical Society
Boothbay Railway Village
Wadsworth – Longfellow House
American Lighthouse Foundation
DownEast Duck – land and sea tours
Gulf of Maine Aquarium
Shipyard Brewing Company