

The Ultimate Trainer – Little Rock, AR

Legacy Hotel & Suites
625 West Capitol Avenue
Little Rock, AR 72201
Phone: 501-374-0100
Fax: 501-687-1184

AREA PROFILE

In 1722 the French explorer, Bernard de LaHarpe, sailed up the Arkansas River and upon sighting the first rock bluff since leaving the Mississippi River, called it "La Petite Roche", the Little Rock. The city's namesake, "La Petite Roche", is located at the north end of Rock Street overlooking the river and is part of the sixteen acre Breckling Riverfront Park.

Today, Little Rock is a vibrant metropolitan area with nationally recognized medical centers and excellent public services. Unlike other urban areas, it's easy to get around Little Rock by freeway and city byway. Centrally located in the nation, Little Rock is but a few hours drive from major cities.

AIRPORT

Little Rock National Airport
One Airport Drive
Little Rock, AR 72202

GROUND TRANSPORTATION

The hotel provides a complimentary shuttle to and from Little Rock National Airport between 7:00 am – 8:00 pm. Please call the hotel at (501-374-100 upon arrival at the airport to schedule pick up.

DRIVING DIRECTIONS

Starting from: Little Rock National Airport:

Take 440 to I-30 Downtown exit. Take 6th Street exit off I-30, Stay on 6th until you reach Broadway. Turn right on Broadway then left on Capitol Avenue.

HOTEL SPECIFICS

Check-In 3:00 PM
Check-Out 12:00 PM

PARKING

Complimentary on-site parking

HOTEL AMENITIES

Complimentary continental breakfast
Laundry and dry-cleaning service
Professional massage on-site
Handicap accessible rooms
Non-smoking rooms
Room Service
Robes (*with package*)
Copying and fax services
Meeting facilities
Fitness Center
Business Center

LOCAL ATTRACTIONS

State Capitol
Alltel Arena
Clinton Presidential Library
Little Rock River Market
Little Rock Zoo
The Arkansas Children's Hospital