

Medication	Cautions	Side Effects	Dosage	Use	Availability	Average Cost
Bupropion SR 150	Not for use if you: * Currently use a monoamine oxidase (MAO) inhibitor * Use Bupropion in any other form (Zyban/Wellbutrin) * Have a history of seizures * Have a history of eating disorders	* Insomnia * Dry mouth	* Begin 7-14 days before quit date * Days 1-3: 150 each a.m. * Days 4 on: 150 mg a.m. and p.m.	2 to 6 months	Prescription Only: * Zyban * Wellbutrin SR * Generic SR	1 box of 60 tablets, 150 mg: * Z: \$185.99 * W: \$167.99 * G: \$101.99
Nicotine Gum (2 mg or 4 mg)	* Caution with dentures * Don't drink acidic beverages during use	* Mouth soreness * Stomach ache	* 1 piece every 1 to 2 hours * 2 mg: If smoking 24 cigarettes or less per day * 4 mg: If smoking 25+ cigs or chewing tobacco	Up to 12 weeks or as needed	OTC Only: * Nicorette * Generic	2 mg box of 50: * N: \$29.99 * G: \$22.99 4 mg box of 50: * N: \$32.99
Nicotine Inhaler	* May irritate mouth/throat at first (but improves with use) * Don't drink acidic beverages during use	* Local irritation of mouth and throat	* 6 - 16 cartridges/day * Inhale 80 times/cartridge * May save partially-used cartridge for next day	Up to 6 months; taper at end of use	Prescription Only: Nicotrol inhaler	1 box of 168 cartridges = \$166.99
Nicotine Lozenge (2 mg or 4 mg)	* Do not eat or drink 15 minutes before or during use * One lozenge at a time * Limit 20 in 24 hours	* Hiccups * Cough * Heartburn	* 2 mg: If smoking after first 30 minutes you're awake * 4 mg: If smoking within first 30 min. you're awake * Weeks 1-6: 1 every 1-2 hrs * Wks 7-9: 1 every 2-4 hrs * Wks 10-12: 1 every 4-8 hrs	Up to 12 weeks	OTC Only: * Commit * Generic (Nicabate)	2 mg, 48 tablets: * Commit: \$29.99 4 mg, 48 tablets= * Commit: \$29.99 * Generic: \$24.99
Nicotine Nasal Spray	* Not for patients with asthma * May irritate nose (improves over time) * May cause dependence	* Nasal irritation	* 1 "dose"= 1 squirt per nostril * 1 to 2 doses per hour * 8 to 40 doses per day * Do NOT inhale	3 - 6 months; taper at end	Prescription Only: Nicotrol NS	1 box of 40 ml = \$190.99
Nicotine Patch	Do not use if you have severe eczema or psoriasis	* Local skin reaction * Insomnia	* One patch per day * If ≥ 10 cigs/day: 21 mg for 4 wks, then 14 mg for 2 wks, 7 mg for 2 wks * If <10/day: 14 mg for 4 wks, 7 mg for 4 wks	6-8 weeks	OTC: * Nicoderm CQ * Nicotrol * generic Prescription: * generic (Legend)	21 mg, box of 7: Nicoderm: \$29.99 Generic: \$21.99 14 mg, box of 7: Nicoderm: \$29.99 Generic: \$21.99
Varenicline	Use with caution and consider dose reduction in patients: * With significant renal impairment. * Undergoing dialysis.	* Nausea * Insomnia * Abnormal dreams * Headache	* Days 1-3: 1 pill/day, 0.5 mg * Days 4-7: 1 pill twice daily, 0.5 mg (am & pm) * Day 8 – end: 1 pill twice daily, 1 mg (am & pm)	Start 1 week before quit date; use 3-6 months	Prescription only: Chantix	Cost varies. Approximately \$115 per month (\$3.70 per day)