

# Case Study of a Residential Treatment Center

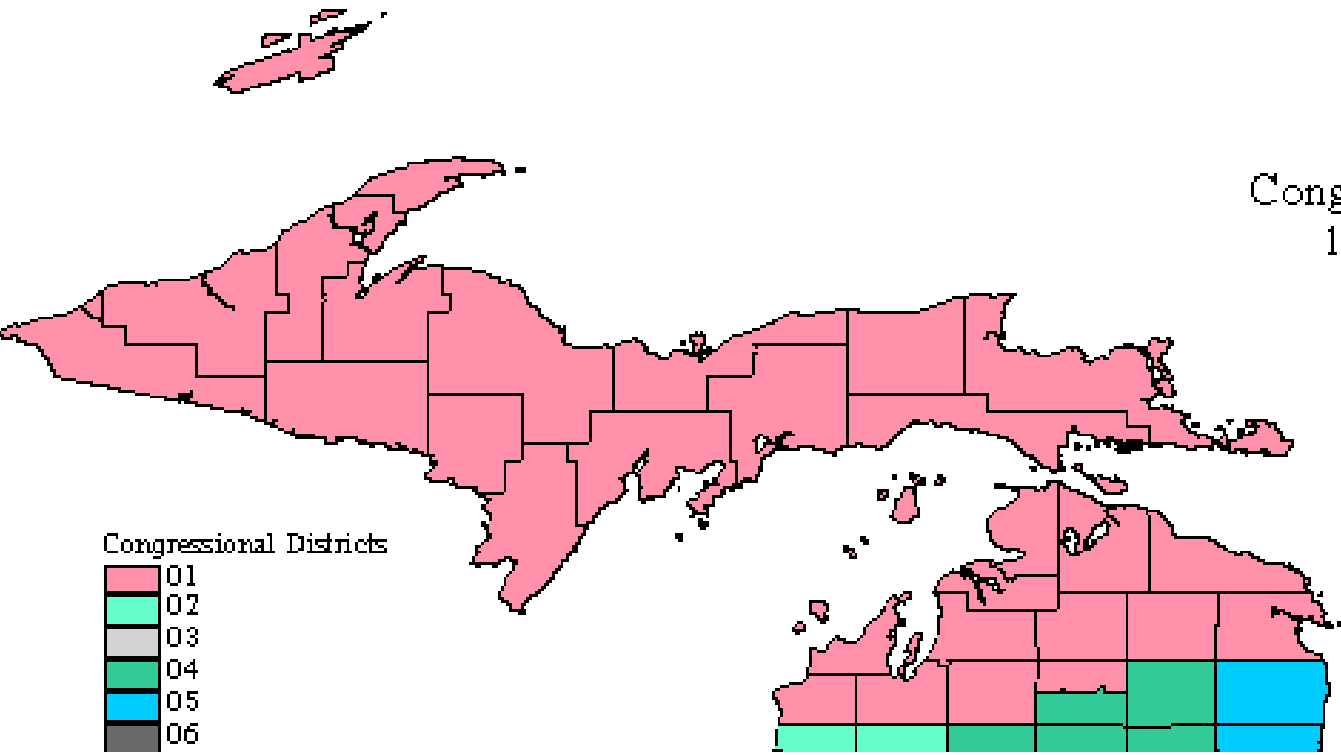
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Medical Director, Jim Gilmore Jr.  
Treatment Center, Kalamazoo, MI

# Jim Gilmore Jr. Treatment Center

- 7-bed medically monitored detoxification center
- 24 short-term (7-10 days) residential beds
- Part of larger system
  - Outpatient centers in Kalamazoo, Paw Paw, Niles, Three Rivers, Sturgis, Benton Harbor
  - Long-term residential in Sturgis & Kalamazoo

Michigan  
Congressional Districts  
103rd Congress



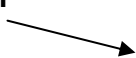
Congressional Districts

01
02
03
04
05
06

Benton Harbor

**Kalamazoo**

**Niles Sturgis**



# Jim Gilmore Jr. Treatment Center

- 500 admissions per year
- 60% from rural areas surrounding Kazoo
- 2/3 males
- 1/3 publicly funded; 1/3 Medicaid
- Mostly group approach with sparing individual care
- 12-step approach

# Counseling Staff

- 12-step Recovery-oriented
- Little advanced training
- No medical background
- Many are smokers
- Many are recovering from their own addictive disorders

# Judith

- Admitted to detox with BAC = 0.481
- Meds include:
  - Inhalers for asthma & recurrent bronchitis
  - Protonix for acid reflux from stomach
  - Hydrochlorothiazide for high blood pressure
  - Peginterferon
  - Ribavirin

# Judith' Problems

- Cocaine dependence
- Alcohol dependence
- Pain disorder
- Tobacco dependence
- Opioid dependence
- Hepatitis C
- Asthma
- Peptic ulcers
- Hypertension
- No health insurance
- No job
- Poverty
- Charges for selling meds
- Homeless
- Addicted to her pain meds
- Pharmacies will not dispense to her

# Trainees

- Medical Students 3<sup>rd</sup> year
- Pediatrics residents
- Psychiatric residents
- Physician Assistant students
- Nursing students

# Trainees

- Spend time in detox helping the nurses measure severity of withdrawal using scales
- Attend methadone clinic
- Attend drug courts
- Attend Children's Trauma Assessment Center (fetal exposures)
- Follow one patient thru stay
- Attend 12-step meetings
- Health Professionals' Recovery Group

